### **Enhancing Quality of** Life in Unrestricted **Healthcare Environments**

NORTHRIDGE HOUSE

St Juke's EDUCATION & RESEARCH CENTRE

This Conference will be of interest to Healthcare Professionals working with Older People in all Healthcare Settings.

## **Topics**

- Understanding Rights and Restrictive **Practices**
- The appropriate use of Psychotropics in Residential Care
- Implications of the Mental Capacity Act (2015)
- National Frailty Programme
- Communication at End of Life

### 7th Annual Conference

Thursday April 11th 2019, Radisson Blu Hotel, Little Island, Cork

# **Speakers Include**

- Nora Owen, Former Minister for Justice, 'Carer's Voice'
  - Mr. Peter Groarke (BCL), Ronan Daly Jermyn
  - Dr. Suzanne Timmons, Consultant Geriatrician, UCC
- Prof. Tony O' Brien, Palliative Care Consultant, Marymount
  - Prof. Shaun O' Keeffe, Consultant Geriatrician, UCG
    - Ms. Fiona Nixon, Physiotherapist, St. Luke's Home
      - Prof. Amanda Phelan, Professor of Nursing, UCD
        - Ms. Deirdre Lang, National Frailty Lead, HSE

Main Sponsor

#### **PLUS**

A choice of two Masterclasses Friday 12th April 10.00am to 13.00pm and 14.00pm to 17.00pm. Northridge House Education & Research Centre at St Luke's Home.

OR

#### Option I

Prof. Amanda Phelan - 'Restrictive Practices... understanding how we promote rights'

#### **Option 2**

Dr. Maeve Hurley, AND/ Founder of Ag Eisteacht - Present & Attuned -A Relational Approach'

These Masterclasses can be booked in conjunction with the Conference or independently





#### Contact Details

Ms. Claire Coakley, Northridge House, Education & Research Centre, Castle Road, Mahon, Cork, T12 H970 T: 021 4536551 E: Claire.coakley@stlukeshome.ie

Conference only: €100 Masterclass Only: €50 Conference Registration Fee plus Masterclass: €140

Conference plus 2 Masterclasses: €175 2 Masterclasses only: €90

Limited places available. NMBI (Category I) Accreditation pending