

**NORTHBRIDGE  
HOUSE**

**EDUCATION &  
RESEARCH CENTRE**

**St Luke's**  
CHARITY, CORK

**6th Annual  
Conference**

# DEMENTIA: INNOVATIONS IN CARE

**A CONFERENCE EXPLORING  
NEW INNOVATIONS IN  
DEMENTIA IN CARE SETTINGS**

**MAIN SPONSOR**



**Thursday 12th April 2018**

**RADISSON BLU HOTEL, LITTLE ISLAND, CORK**

**NMBI (CATEGORY 1)  
ACCREDITATION PENDING**



### **Prof. Jan Dewing (Key Note Speaker)**

Prof. Dewing has an international reputation for expertise in person-centredness, practice development and gerontological practice including care of people living with dementia. She is the Sue Pembrey Chair in Nursing and Director for the Centre for Person-centred Practice Research at Queen Margaret University, Edinburgh. Jan contributes to post graduate education and research and supervises a number of doctoral candidates including international students. Jan is the academic editor for the International Practice Development Journal, a free to publish and access e-journal and on the editorial board of several international journals including the International Journal of Older People Nursing. You can follow Jan on Twitter @jandewing



### **Dr. Ciara Mc Glade**

Dr. McGlade graduated from University College Cork, MB, BAO, BCh, BMedSc in 2001. She trained in geriatric and general internal medicine and was awarded a diploma in Cerebrovascular and Stroke Medicine from the Royal College of Physicians of Ireland in 2011 and a certificate in Palliative Medicine from the Irish College of General Practitioners in 2008. She has a special interest in the palliative care of older people and those with non-malignant life limiting conditions. She works as a Consultant in Geriatric Medicine in Mallow General Hospital.



### **Dr. Chris Luke**

Dr. Luke qualified in 1982, from University College Dublin and trained in Ireland, Scotland, Australia and England. Chris has a long-standing passion for public health education and initiatives aimed at alleviating or reducing the workload of overloaded hospital A & E departments. More recently, his attention has turned to the major increase in A & E attendances by the elderly, many of whom are affected by dementia and the very considerable challenge this presents in our perennially overcrowded A & E's. Chris is currently a Consultant in Emergency Medicine, Cork.



### **Prof. Alice Coffey**

Prof. Coffey is Professor at the Department of Nursing and Midwifery, University of Limerick. Alice has over 20 years experience in clinical nursing practice and 17 years experience in higher education. She publishes in high impact international journals; is a member of the editorial board of the International Journal of Older People Nursing and a reviewer for several international journals.



### **Ms. Celine O'Shea**

Celine O'Shea has a degree in Social Care from Cork Institute of Technology. Having completed her placement at St. Luke's Home during her 3rd year, Celine subsequently joined St. Luke's Home in July 2016 as the Activities Facilitator in the Dementia Unit, Maguire House. Celine is responsible for developing a meaningful and purposeful daily activity schedule for residents in the Dementia Unit. She is currently undertaking a 1 year post graduate diploma in "Ways of Understanding Dementia and Dementia Care" at Trinity College Dublin.



### **Ms. Florence Farrelly**

Florence Farrelly joined HIQA in 2009 as an Inspector Manager. Since joining the Authority she has worked in the Regulation Directorate in Older Persons, Enforcement and Disabilities. She currently has a programme management role within the Disability Pillar. Prior to joining HIQA, Florence came from a nursing background and has over 25 years experience within older persons, acute, disability and paediatric services.



### **Ms. Mary Mannix**

Mary Mannix is a Clinical Nurse Manager, Dementia Lead and Trainer, currently employed at St. Josephs Hospital, Bon Secours Care Village, Cork. She has previously worked as a Dementia Nurse Specialist (Acute Care), at Mercy University Hospital Cork, 2014-2017. Mary was a member of the Dementia Working Group for 'Palliative Care for All; Integrating Palliative Care into Disease Management Frameworks', 2008, (IHF). She was a member of the Steering Committee and of the working groups for 'Palliative Care for the Person with Dementia' Guidance Documents 5 & 7, Medication Management and Pain Assessment and Management (IHF/UCC) 2016.

# Conference Agenda for the Day

TIME	EVENT	SPEAKER
08.45 - 09.30	Registration & Coffee	
09.30 - 09.45	Opening Address	<b>Dr. Paul Colton,</b> President, St. Luke's Charity & Home.

## SESSION 1

09.45 - 10.15	Functional Capacity and the Person with Dementia	<b>Dr. Ciara McGlade,</b> Consultant Geriatrician, Mallow General Hospital.
10.15 - 10.45	Improving the Dementia Experience in the Emergency Department: 'A Personal View'	<b>Dr. Chris Luke,</b> Consultant in Emergency Medicine, Cork.
10.45 - 11.15	Questions	
11.15 - 11.45	Coffee & Visit Exhibitors	

## SESSION 2

11.45 - 12.15	An Overview of the Development of Palliative Care Guidance for Persons with Dementia	<b>Prof. Alice Coffey,</b> University of Limerick.
12.15 - 13.00	An Inside View on Innovating Dementia Care: 'The Donegal Person-Centredness Project' Queen Margaret University, Edinburgh and Donegal Older Peoples Services, HSE.	<b>KEY NOTE ADDRESS</b> <b>Prof. Jan Dewing,</b> Queen Margaret University, Edinburgh.
13.00 - 13.15	Questions	
13.15 - 14.30	Lunch and Visit Exhibitors	

## SESSION 3

14.30 - 15.00	Meaningful Occupation for People with Dementia in Care Settings	<b>Ms. Celine O'Shea,</b> Activities Facilitator, Dementia Specific Unit, St Luke's Home.
15.00 - 15.30	Dementia in Intellectual Disability Sector Meeting Regulatory Requirements	<b>Ms. Florence Farrelly,</b> HIQA Inspector Disability Sector.
15.30 - 16.00	An Integrated Care Pathway for People with Dementia – Transitioning From Community to Hospital and Return	<b>Ms. Mary Mannix,</b> Clinical Nurse Manager, St Joseph's Hospital, Bons Secours Care Village, Cork.
16.00 - 16.30	Questions and Closing	<b>Rev. Bruce Pierce,</b> Director of Education, Northridge House Education & Research Centre.

# MASTERCLASSES

**FRIDAY 13th April 2018**

**NORTHBRIDGE HOUSE EDUCATION**

**& RESEARCH CENTRE**

**ST. LUKES HOME, CASTLE ROAD,**

**MAHON, CORK.**



## **Prof. Jan Dewing** 10am – 1pm

### **TOP 10 INNOVATIONS: WHAT'S HAPPENING AND WHAT MIGHT BE HAPPENING SOON?**

What would your 2018 top 10 innovations in person-centred dementia care be? This workshop will focus on what are said to be recent innovations in the care of persons with dementia (for example intergenerational activities, singing, music, dementia friendly projects). It will highlight the key evidence behind each of the innovations and we will consider what you might need to be preparing to introduce in your setting. It will also explore innovations that are about to become more mainstream and consider what impact they may have on persons living with dementia.

## **Dr. Nicola Cornally & Dr. Irene Hartigan** 2pm – 5pm

### **"PALLIATIVE CARE FOR THE PERSON WITH DEMENTIA; SPOTLIGHTING IRISH HOSPICE FOUNDATION GUIDANCE DOCUMENTS (4&5) ON THE MANAGEMENT OF PAIN, HYDRATION & NUTRITION."**

This workshop will enable participants to gain a better understanding of the assessment and management of pain, nutrition and hydration in palliative care for people with dementia. The first half of this workshop (1.5 hours) will comprise of an overview of the management and assessment of pain and the management of hydration and nutrition. The second half (1.5 hours) will focus on case studies working through nutritional and pain screening/assessment tools.



### **Dr. Nicola Cornally**

Dr. Cornally is a Lecturer Practitioner at the Catherine McAuley School of Nursing & Midwifery, University College Cork. She is a Registered General Nurse with clinical nursing experience in general medicine and care of the older adult. Nicola has also worked in a senior clinical position in practice development. She holds an MSc in Nursing, a BSc in Nursing Studies, a Diploma in Nursing Science and Professional Certificates in both Nursing Management and Teaching in Higher Education. For her PhD, Nicola studied help-seeking behavior for chronic pain with a particular emphasis on behavioral theory.



### **Dr. Irene Hartigan**

Dr. Hartigan is a Lecturer in the School of Nursing & Midwifery at University College Cork. Irene has a clinical background particularly in the areas of older adults, stroke and dementia. In 2006, while undertaking a Master's programme in Trinity College Dublin, she also gained a teaching qualification as a Registered Nurse Tutor (RNT) with An Bord Altranais. Irene is co-lead on the Evaluation of the National Dementia Strategy (NDS) and the NDS implementation plan. Irene is also lead author on the Irish Hospice Foundation (IHF) guidance document on the Management of Hydration and Nutrition in palliative care for the person with dementia.



# REGISTRATION FORM

Conference – Thursday 12th April 2018 - Radisson Blu Hotel, Little Island, Cork.

Masterclasses – Friday 13th April 2018 – Northridge House Education & Research Centre,  
St. Lukes Home, Castle Road, Mahon, Cork.

(Registration desk for conference open from 8.30am)

Name(s) .....

Organisation .....

Address .....

Telephone .....

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☐ *Please tick this box if you consent to Northridge House Education & Research Centre retaining your registration details on a database for the sole purpose of notifying you of any further educational opportunities.*

☐ Conference only: €100   ☐ Two Masterclasses only: €90   ☐ Conference plus two Masterclasses: €175

**Conference plus one Masterclass: €140**

☐ Masterclass with Prof. Jan Dewing 10am – 1pm

☐ Masterclass with Dr. Nicola Cornally & Dr. Irene Hartigan 2pm – 5pm

**Masterclass only: €50**

☐ Masterclass with Prof. Jan Dewing 10am – 1pm

☐ Masterclass with Dr. Nicola Cornally & Dr. Irene Hartigan 2pm – 5pm

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**To register for this year's Conference please complete this Registration Form and return with Conference Fee to: Northridge House Education & Research Centre, St. Luke's Home, Castle Road, Mahon, Cork.**  
Payment must be received in advance of the Conference to ensure a place.

Bookings can also be taken over the phone on  
021 4536551 or online at [www.northridgehouse.ie](http://www.northridgehouse.ie)

*Closing date for registration Friday 6th April 2018.*



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**Claire Coakley**  
**Administration**  
**021 4536551**  
[claire.coakley@stlukeshome.ie](mailto:claire.coakley@stlukeshome.ie)

**Bruce Pierce**  
**Director of Education**  
**021 4536551**  
[bruce.pierce@stlukeshome.ie](mailto:bruce.pierce@stlukeshome.ie)

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