

NORTHBRIDGE HOUSE

EDUCATION &
RESEARCH CENTRE



7th Annual
Conference

Enhancing Quality of Life in Unrestricted Healthcare Environments

MAIN SPONSOR



Thursday 11th April 2019

RADISSON BLU HOTEL, LITTLE ISLAND, CORK

NMBI (CATEGORY 1)
ACCREDITATION PENDING



Mr. Peter Groarke

Peter Groarke is a Partner in Ronan Daly Jermyn's Healthcare team. Peter provides specialist advices on Inquest hearings and Professional Medical complaints to a range of healthcare clients and also represents a number of Nursing Home Facilities. Peter is a member of organisations such as the International Bar Association and Southern Law Association of Ireland. He was Former President of the Southern Law Association (2014-2015), Council Member of the Law Society of Ireland (2013 -2016) and currently sits on the Law Society Client Complaints and Relations Committee.



Prof. Tony O'Brien

Tony O'Brien MB FRCPI is Clinical Professor of Palliative Medicine at the College of Medicine & Health, University College Cork and Consultant Physician in Palliative Medicine at Marymount University Hospital & Hospice and at Cork University Hospital, Ireland. He undertook his higher specialist training at St Christopher's Hospice, London.

Professor O'Brien has served as chairperson of the National Advisory Committee on Palliative Care, the National Council for Specialist Palliative Care, the Irish Association for Palliative Care and the Council of Europe Expert Committee on Palliative Care. He has published and lectured widely on various aspects of palliative care policy, pain and symptom management. He has a particular interest in ethical and legal issues at the end of life



Dr. Suzanne Timmons

Dr. Suzanne Timmons is a geriatrician in Cork, Senior Lecturer in the Centre for Gerontology and Rehabilitation, UCC, and Clinical Lead for the National Dementia Office. She leads research programmes in delirium, palliative care in dementia and Parkinson's disease, and the appropriate prescribing of antipsychotics in dementia. On behalf of the National Dementia Office, she is co-leading the development of a national clinical guideline for psychotropic medication use in people with dementia, that will be applicable across all settings.



Prof. Amanda Phelan

Professor Amanda Phelan, is an Associate Professor in the UCD School of Nursing, Midwifery & Health Systems. Amanda also holds several positions in the School, namely, Associate Dean for Global Engagement and Co-Director of the National Centre for the Protection of Older People. Amanda serves on the NMBI Fitness to Practice, the Board of Directors of Third Age, AIGNA Management Committee, Sage Advocacy and Support for Older People (Policy and Procedures Committee) and the National Safeguarding Committee. She also served on several HIQA advisory committees, namely the review of the National Standards for Residential Care Settings for Older People in Ireland, Draft National Standards for Safeguarding Adults, and Restrictive Practices.



Prof. Shaun O'Keeffe

Professor Shaun O'Keeffe MD FRCPI graduated from University College Dublin and St Vincent's Hospital, Dublin. He was Consultant Physician in St Michael's and Vincent's Hospitals in Dublin before becoming Consultant Geriatrician in Galway University Hospitals in 2000. He was a member of the Law Reform Commission working group that developed recommendations for changes in Ireland's laws on mental capacity. He was Chairman of the Adult Subgroup of the National Consent Working Group and is a member of the HSE and Ministerial working groups on implementing the Assisted Decision Making (Capacity) law, including advance healthcare directives.



Ms. Deirdre Lang

Ms Deirdre Lang: RGN, Scottish Quality & Safety Fellow (Cohort 10), FFNMRCI, MSc Leadership, BNS (Hons), Dip Mgt, HDip Gerontological Nursing, HETAC level 6 Special award in coaching. Deirdre initially trained in St Vincent's Hospital, Elm Park. She spent a number of years working in acute services in Australia and Ireland.. Her experience in Older Persons Services includes the role of Clinical Nurse Manger 2, Assistant Director of Nursing and Director of Nursing both in the HSE and private sector. Her role as Director of Nursing NCPOP brings together all aspects of her experience to date, together with her passion for the older patient and those who provide their care.

@deirdrelanglang



Mrs. Nora Owen

Nora Owen is a former Fine Gael politician who served as Minister for Justice from 1994 to 1997 and Deputy Leader of Fine Gael from 1993 to 2001. She was a TD for Dublin North from 1981 to 1987 and from 1989 to 2002. She has presented Current Affairs Programmes on TV3. Of late she has been an advocate for those with dementia and those who care and has been influential in her recent interviews as she has shared the journey of caring for her husband Brian.



Ms. Fiona Ryan

Fiona Ryan BSc. (Hons) Physiotherapy, MISC, qualified and worked in the UK prior to returning to Cork in 2000, where she acquired the Cork Physiotherapy and Sports Injury Clinic. In conjunction with running her clinic she has been working in St. Luke's Home for 15 years. Her vast experience in working with the older person has been invaluable in developing and maintaining best clinical practice within the home.

Conference Agenda for the Day

TIME	EVENT	SPEAKER
08.30 - 09.15	Registration & Coffee	
09.15 - 09.30	Opening Address	Dr. Paul Colton, President, St. Luke's Charity & Home

SESSION 1

09.30 - 10.00	Practical Implications of Recent Legislation in Residential Care Settings	Mr. Peter Groarke, Partner, Ronan Daly Jerymn, Cork
10.00 - 10.30	Appropriate use of Psychotropic Medications in People with Dementia - Practical Implementation of a Forthcoming National Clinical Guideline	Dr. Suzanne Timmons, Consultant Geriatrician University College Cork
10.30 - 11.00	Implications of Forthcoming Capacity Legislation for Older People with Dementia	Prof. Shaun O'Keeffe, Consultant Geriatrician Galway University Hospital
11.00 - 11.15	Questions	
11.15 - 11.45	Coffee and Visit Exhibitors	

SESSION 2

11.45 - 12.15	The Journey	THE CARER'S VOICE Mrs. Nora Owen, Former Minister for Justice
12.15 - 12.45	Don't you Know Who I am?	Prof. Tony O'Brien, Consultant Palliative Care, Marymount University Hospital & Hospice
12.45 - 13.00	Questions	
13.00 - 14.15	Lunch and Visit Exhibitors	

SESSION 3

14.15 - 15.00	Understanding Rights and Restrictive Practice: A History of the Present	KEY NOTE ADDRESS Prof. Amanda Phelan, Co-Director NCPOP, Associate Dean Global Engagement, UCD.
15.30 - 16.00	National Frailty Education Programme Framing Frailty: A Step Toward Positive Healthcare Outcomes	Ms. Deirdre Lang, Director of Nursing/National Lead Older Persons Services, Clinical and Integrated Programmes
15.30 - 16.00	Maintaining a Restraint Free Environment – A Physio's Perspective	Ms. Fiona Ryan, Physiotherapist, St. Luke's Home
16.00 - 16.30	Questions and Close	Rev. Bruce Pierce, Director of Education, Northridge House Education & Research Centre

MASTERCLASSES

FRIDAY 12th April 2019

NORTHBRIDGE HOUSE EDUCATION

& RESEARCH CENTRE

ST. LUKES HOME, CASTLE ROAD,

MAHON, CORK.



Prof Amanda Phelan

10am – 1pm

RESTRICTIVE PRACTICES... UNDERSTANDING HOW WE PROMOTE RIGHTS

Restrictive practices are a serious and potentially harmful intervention. Central to restrictive practice reduction models is the need to deliver services in therapeutic environments and in accordance with person centred, value based care which focuses on promoting rights and aims to enhance quality of life. Prof. Phelan serves on the NMBI Fitness to Practice, the Board of Directors of Third Age, AIGNA Management Committee, Sage Advocacy and Support for Older People (Policy and Procedures Committee) and the National Safeguarding Committee. She has two books in progress due for publication in 2019: *Advances in Elder Abuse Legislation, Policy, Practice & Research* (Springer) and *Changing horizons in the 21st century: Perspectives on ageing* (Cambridge Scholar). This workshop will focus on a rights based approach to care of older people in healthcare settings..

Dr Maeve Hurley

2pm – 5pm

PRESENT & ATTUNED – A RELATIONAL APPROACH

The Masterclass will explore the potential of a relational approach to enhance the quality of life for older people. Introducing the evidence of the link between the quality of relationships and health outcomes, Dr Maeve Hurley, founder of Ag Eisteacht, will highlight and discuss opportunities for social integration in later life. An experiential exercise will allow participants to reflect on and explore how a residential setting may be experienced by the resident, family members and staff. Ag Eisteacht's ABLE model (Adopt a relational approach, Build, Listen and Empower) will be introduced as a framework to support practitioners to be present and attuned and build responsive relationships with residents and families.



Dr Maeve Hurley, MB, MRCGP, founder of Ag Eisteacht

Dr Maeve Hurley, a former GP, founded Ag Eisteacht, a registered charity, in 2001. Her goal is to highlight relationships as a core component of health and well-being to ensure improved outcomes for children, families and communities. Ag Eisteacht's accredited and evidenced-informed ABLE (Adopt a relational approach, Build, Listen and Empower) training programme equips practitioners within the health, education, social, youth, justice and community sectors with the skills, knowledge and confidence to build relationships with clients. This involves considering the patient or client in the context of their relationships and being attuned and present when individuals turn to them for support while attending to their own well-being at the same time. Ag Eisteacht has delivered training to over 2,000 practitioners in Ireland to date.

Please note that Masterclasses are taking place in Northridge House Education & Research Centre, Castle Road, Mahon.

<https://www.northridgehouse.ie/how-to-get-here/> Eirecode T12 H970



REGISTRATION FORM

Conference – Thursday 11th April 2019 - Radisson Blu Hotel, Little Island, Cork.
Masterclasses – Friday 12th April 2019 – Northridge House Education & Research Centre,
St. Lukes Home, Castle Road, Mahon, Cork.

(Registration desk for conference open from 8.30am)

Name(s)

Organisation

Address

Telephone

Email

☐ *Please tick this box if you consent to Northridge House Education & Research Centre retaining your registration details on a database for the sole purpose of notifying you of any further educational opportunities.*

☐ Conference only: €100 ☐ Two Masterclasses only: €90 ☐ Conference plus two Masterclasses: €175

Conference plus one Masterclass: €140

☐ Masterclass with Prof. Amanda Phelan 10am – 1pm

☐ Masterclass with Dr. Maeve Hurley 2pm – 5pm

Masterclass only: €50

☐ Masterclass with Prof. Amanda Phelan 10am – 1pm

☐ Masterclass with Dr. Maeve Hurley 2pm – 5pm

To register for this year's Conference please complete this Registration Form and return with Conference Fee to: Northridge House Education & Research Centre, St. Luke's Home, Castle Road, Mahon, Cork.
Payment must be received in advance of the Conference to ensure a place.

Bookings can also be taken over the phone on
021 4536551 or online at www.northridgehouse.ie

Closing date for registration Friday 5th April 2019.



Supporting excellence in care.

Proud Sponsors of all the team at St. Luke's Home and Northridge House Research & Education Centre.

Homecare Medical Supplies is Ireland's leading supplier of medical equipment, consumables and fit-out services to the Healthcare and Nursing Home markets.

We are proud to be able to support the invaluable work done by care professionals in the nursing homes of Ireland, with our own commitment to quality and reliable service. Always there to help you care.

Our comprehensive range of products is the largest in the country, the majority of which are available for next day delivery from our well stocked warehouse in Ballyhaunis, County Mayo.

To order, or for further information please call 1890 290 390

Lines are open 9am to 5pm, Monday to Friday
For next day delivery please order before 2pm.

Homecare Medical Supplies
Knock Road, Ballyhaunis, County Mayo.
Email: Info@HomecareMedicalSupplies.ie
Web: www.HomecareMedicalSupplies.ie

BOOKINGS & ENQUIRIES TO:

Claire Coakley
Administration
021 4536551
claire.coakley@stlukeshome.ie

Bruce Pierce
Director of Education
021 4536551
bruce.pierce@stlukeshome.ie

KEEP IN TOUCH:

www.northridgehouse.ie

 [StLukeshomeeducationcentre](https://www.facebook.com/StLukesHomeEducationCentre)

 StLukesEducationCork@educationslh

**NORTHBRIDGE
HOUSE**

EDUCATION &
RESEARCH CENTRE

St Luke's
CHARITY.COM