

FETAC Level 6 Gerontology (N32963)

Date	Time	Content
01/05/2013	9.30am - 4.00pm	<ul style="list-style-type: none"> ⇒ Introduction ⇒ Theories of Ageing ⇒ Psychological & Psychological Changes associated with ageing ⇒ Assignment information.
08/05/2013	9.30am - 4.00pm	<ul style="list-style-type: none"> ⇒ Demographics ⇒ Traditional vs Emerging ideas of old age ⇒ Stereotypes & Attitudes ⇒ Sociological Aspects of Ageing ⇒ Advice re reflective diary.
15/05/2013	9.30am - 4.00pm	<ul style="list-style-type: none"> ⇒ The impact of an ageing population on society ⇒ Government Departments, Services and Local & National Organisations available to older people ⇒ Alternatives to long term care and global innovations ⇒ Meeting the needs of the older person and their family in long term care ⇒ Advice and Preparation for assignments
22/05/2013	9.30am - 4.00pm	<ul style="list-style-type: none"> ⇒ Opportunities and Growth in older age ⇒ Responses to Life Transitions ⇒ Skills and Preparation for adjustments to older adult life ⇒ Studies and research into the ageing process
29/05/2013	9.30am - 4.00pm	<ul style="list-style-type: none"> ⇒ Relationships and Emotional supports for old age ⇒ How adult development impacts on ageing ⇒ Healthy and unhealthy attitudes to death & dying
05/06/2013	9.30am - 4.00pm	<ul style="list-style-type: none"> ⇒ Concepts and Reactions to ideas and new learning ⇒ Emotional reactions & personal growth - Discussion ⇒ Practical ideas to integrate the learning experiences into life and work ⇒ One-to-One support and advice re progress on assignments

- The course will be delivered over a **six day period** by Mary O'Mahony, MSc Dementia Training (pending), BSc Nursing Studies, Dip. Social Science UCC, Dip. Health Services Management, Cert. in Training & Development, DIT.
- On completion of this course, each participant will be equipped with insights and strategies into the professional care of the older adult.
- The participants will acquire an understanding of the normal and pathological changes which occur as we age. They will gain an awareness of the attitudes and stereotypes which influence the position and perception of the older adult in society.
- The learning outcomes will include an understanding of:
 - The theories of ageing;
 - The physiological and psychological changes associated with old age;
 - Western society's response to old age;
 - Legislation and organisations which support older people;
 - Successful ageing and healthy coping mechanisms.
- This course is suitable for Person in Charge, Owner/Manager of nursing homes, supervisors, Directors of Care, clinical nurse managers, community / social care workers.
- Assessment will consist of
 - a learner record: 60%
 - a project/assignment: 40%
- Attendance is advised on each of the six days as the course is designed to build on previous learning. This will also facilitate the fulfilment of the assessments required at the end of the course.
- This course will provide both those with a nursing and non-nursing background with a gerontological qualification, in line with **HIQA** recommendations.
- **Cost: €625.00** – booking form and payment required in advance of course commencement. Fee is **non-refundable**
- Lunch will be provided each day – please inform us of any special dietary requirements prior to course commencement



Northridge House

Castle Road,

Mahon, Cork.

Tel: 021 4536551

www.stlukeshome.ie

Location: The Education Centre is located on the Grounds of St. Luke's Home, Castle Road, Mahon. We are located close to Blackrock Castle and the following link provides directions and map. <http://www.stlukeshome.ie/node/101>

Further Information available from: Claire at 021 4536551

Further Details on all the courses provided by the Education Centre are available on www.stlukeshome.ie/education-centre

The Education Centre was opened during 2011 and purpose built to meet the access needs of all learners. Disability Car Parking is available.

Places will be allocated on a first come first served basis and early booking is recommended.